

0-7 months Daily Schedule

Time	Procedures	Contents	
08:00-09:00	Admission / Health inspection		
09:00-09:15	Diaper Change		
09:15-10:00	Toys In-Bed / Rest	Skills of Hearing / Visual / Senses and Play (toys)	
10:00-10:30	Milk time (1 st)		
10:30-11:30	Individual Training / Activities on playmat	Cognitive/ Language / Physical / Social skills and Emotional games	
11:30-11:45	Diaper Change		
11:45-13:45	Afternoon Nap / Milk time	13:00-13:30	(0-3m) Milk time (2 nd)
13:45-14:00	Diaper Change		
14:00-14:30	Milk time (2 nd)	14:00-14:30	(4-7m) Milk time (2 nd)
14:30-15:30	Activities on playmat / Rest	Sign Bilingual story / Group Activities/ Music movements / Sensory games	
15:30-15:45	Diaper Change		
15:45-17:00	Rest / Milk time	16:00-16:30	(0-3m) Milk time (3 rd)
17:00-18:00	In-Bed Activity / Rest / Discharge	Play toys / Conversation	

- During the Playmat activities, we will arrange if some toddlers have taken asleep.

8-12 months Daily Schedule

Time	Procedures	Contents
08:00-09:00	Admission / Health inspection	
09:00-09:25	Breakfast	Please refer to our recipe
09:25-09:40	Diaper Change	
09:40-10:25	Toys In-Bed / Rest	Skills of Hearing / Visual / Senses and Play
10:25-10:40	Fruits and Drink water	Please refer to our recipe
10:40-11:30	Individual Training / Activities on playmat	Cognitive/ Language / Physical / Social skills and Emotional games
11:30-11:55	Lunch	Please refer to our recipe
11:55-12:10	Diaper Change	
12:10-14:10	Afternoon Nap	
14:10-14:25	Diaper Change	
14:25-15:05	Activities on playmat	Sign Bilingual story / Sensory games
15:05-15:30	Snacks time / Milk time	Please refer to our recipe
15:30-16:15	Activities on playmat	Group Activities/ Music games/
16:15-16:30	Diaper Change	
16:30-17:00	Rest	
17:00-18:00	In-Bed Activity / Rest / Discharge	Story Books / Play toys / Conversation

During the Playmat activities, we will arrange if some toddlers have taken asleep.

13-18 months Daily Schedule

Time	Procedures	Contents
08:00-09:00	Admission / Health inspection	
09:00-09:30	Breakfast	Please refer to our recipe
09:30-09:45	Diaper Change	
09:45-10:30	Physical Movement	Gross Motor Activities
10:30-10:45	Drink water	
10:45-11:30	Group Activities	Sign Bilingual Story Telling / Comprehensive / Art and craft / Fine Motor Activities
11:30-12:00	Lunch	Please refers to our recipe
12:00-12:15	Story Telling	
12:15-12:30	Diaper Change	
12:30-14:30	Afternoon Nap	
14:30-14:45	Diaper Change	
14:45-15:00	Drink water	
15:00-15:30	Physical Movement	Gross Motor Activities
15:30-16:00	Snack time and Fruits	Please refer to our recipe
16:00-16:45	Group Activities	Social games / Sensory games / Interest activities / Exploration activities / Music games
16:45-17:00	Diaper Change	
17:00-18:00	Playground Activities / Discharge	Story Books / Play toys

19-24 months Daily Schedule

Time	Procedures	Contents
08:00-09:00	Admission / Health inspection	
09:00-09:30	Breakfast	Please refer to our recipe
09:30-09:50	Toileting and Wash hands	
09:50-10:35	Physical movement / Group Activities	Gross Motor Activities / Sign Bilingual Story fine motor activities / Art and craft / Themes activities and etc.
10:35-10:45	Wash hands and Drink water	
10:45-11:30	Physical movement / Group Activities	Gross Motor Activities / Sign Bilingual Story fine motor activities/ Art and craft / Themes activities and etc.
11:30-11:40	Wash hands	
11:40-12:15	Lunch	Please refer to our recipe
12:15-12:30	Toileting and Wash hands	
12:30-14:30	Afternoon Nap	
14:30-14:45	Wake up and Drink water	
14:45-15:00	Toileting and Wash hands	
15:00-15:30	Physical movement / Group Activities	Gross Motor Activities / Exploration activities / Sensory games / Imitation games
15:30-15:35	Wash hands	
15:30-16:10	Snack time and Fruits	Please refer to our recipe
16:10-16:20	Music Activities	
16:20-16:50	Physical movement / Group Activities	Gross Motor Activities / Exploration activities / Sensory games / Imitation games
16:50-17:00	Toileting and Wash hands	
17:00-18:00	Free Play / Discharge	Drink Water / Story Books / Play toys

Over 24 months Daily Schedule

Time	Procedures	Contents
08:00-09:00	Admission / Health inspection	
09:00-09:30	Breakfast	Please refer to our recipe
09:30-09:50	Toileting and Wash hands	
09:50-10:35	Physical movement / Group Activities	Gross Motor Activities / Sign Bilingual Story fine motor activities / Art and craft / Themes activities and etc.
10:35-10:45	Wash hands and Drink water	
10:45-11:30	Physical movement / Group Activities	Gross Motor Activities / Sign Bilingual Story fine motor activities/ Art and craft / Themes activities and etc.
11:30-11:40	Wash hands	
11:40-12:15	Lunch	Please refer to our recipe
12:15-12:30	Toileting and Wash hands	
12:30-14:30	Afternoon Nap	
14:30-14:45	Wake up and Drink water	
14:45-15:00	Toileting and Wash hands	
15:00-15:30	Physical movement / Group Activities	Gross Motor Activities / Exploration activities / Sensory games / Imitation games
15:30-15:35	Wash hands	
15:30-16:10	Snack time and Fruits	Please refer to our recipe
16:10-16:20	Music Activities	
16:20-16:50	Physical movement / Group Activities	Gross Motor Activities / Exploration activities / Sensory games / Imitation games
16:50-17:00	Toileting and Wash hands	
17:00-18:00	Free Play / Discharge	Drink Water / Story Books / Play toys